

Southeast Asia Climate and Health Responder Course



John Jamir Benzon R. Aruta, PhD



John Jamir Benzon R. Aruta, PhD is an incoming Associate Professor at the De La Salle University, Manila, Philippines, where he also received his Ph.D. degree in Counseling Psychology. Prior to joining De La Salle University, he worked as a Senior Lecturer of Psychology in Sunway University, Malaysia. His research program includes 1) the application of psychology principles in promoting environmental sustainability, 2) the interface between climate change and mental health in the Global South context, 3) planetary health, and 4) mental health of neglected and marginalized populations. He currently serves as an Associate Editor of the journal *Global Environmental Psychology* and member of the Editorial Board of *BMC Psychology*. Dr. Aruta is also an active clinical practitioner in the Philippines where he provides mental health assessment, counseling, and psychotherapy for children, adolescents, and early adults.