

Sample Screening Tool to Determine Eligibility for Express STI Testing

Updated October 2024

Introduction

Express STI testing refers to triage-based STI testing without a full clinical exam. Express testing allows for the provision of less resource-intensive services to patients without acute healthcare needs. Express testing can increase clinic capacity; reduce wait time, visit time, and time to treatment; and decrease per visit costs. Eligibility for express testing can differ site to site. Typically, eligible patients will be asymptomatic, have no known STI exposure, and have no need for other healthcare services. The below eligibility screener can serve as a starting point for your clinical site.

Preamble

These questions are about your sexual health. We ask these questions of all patients because it's an important part of overall health. Your answers to these questions will be private and confidential, meaning we won't share this information with anyone else.

Screening Tool Questions

1. In the past two weeks, have you experienced any of the following symptoms?

- a. Pain when you pee
- b. Discharge from your penis or vagina
- c. Pain in your rectum
- d. Discharge from your rectum
- e. Throat pain
- f. Diarrhea
- g. A lesion or sore anywhere on your body
- h. A rash anywhere on your body
- i. Abnormal bleeding
- j. Pain during sex
- k. I have not had any symptoms in the past 2 weeks

IF YES to any: patient ineligible for express STI testing; will see provider then receive testing

2. Has a sex partner told you that they have been diagnosed with a sexually transmitted infection? [OR] Have you had sex with someone who recently told you they have been diagnosed with a sexually transmitted infection?

- a. Yes/No
- b. IF YES: patient ineligible for express STI testing, will see provider first, then receive testing

3. In the last 72 hours, have you had sex without using condoms or PrEP?

- a. Yes/No
- b. IF YES: patient will see PrEP program staff & provider to discuss PEP, then receive testing

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4. PHQ-2 & GAD-2: assessing depression and anxiety symptoms

- a. If positive, will see mental health provider who will do a full PHQ-9
- b. This can happen before or after STI testing

5. Do you want to speak to someone about PEP or PrEP today?

- a. Yes/No
- b. IF YES: patient will speak to PrEP program staff, then provider (if they want to move forward), then receive testing

6. Do you want to speak to a clinician today?

- a. Yes/No
- b. IF YES: patient ineligible for express STI testing, will see provider first, then receive testing