

## PRAC-TZ

### FOCUS GROUP GUIDE - WOMEN WITH HOME DELIVERY IN LAST YEAR

**Instructions:** The focus group should include a minimum of six (6) and a maximum of eight (8) women who have delivered at home in the last one year. The focus group should be conducted in a place where participants can sit comfortably for up to two hours and speak freely about their experiences.

**Candidates for exit interview validation:**

The following should be done AFTER the focus group has concluded and the digital recorder has been turned off.

- If anyone in the focus group reported hearing about or witnessing a woman who experienced disrespect or abuse during a facility delivery in the last year, ask her for information on how to contact the woman. At a minimum, try to obtain the woman's name and her village.

**A. Perceptions of quality of health services - general**

1. What makes you think a health facility has good quality services? What makes you think a health facility has bad quality services?
2. What do you think about the quality of services at government health facilities in this district?
3. What do you think about the health workers at government health facilities in this district? How do health workers act towards patients at government health facilities?
4. Do attitudes differ between male and female providers? *If yes, PROBE: Why do you think so?*

**B. Women's expectations and experiences of child birth at home**

1. Why did you deliver your last child at home? (PROBE: previous deliveries at home? Bad experience with facility delivery? Bad experience with health facilities? What happened?)
2. How did you decide to deliver at home? PROBES: Who decided? Were there specific reasons that you chose NOT to deliver in a health facility?
3. Who assisted you with your delivery? Why did that particular person assist you?
4. What did you expect from them during labour and delivery? Did the care meet your expectations?
5. Where do you think you would want to deliver your next baby? Why?

**C. Perceptions of disrespect and abuse**

1. What actions, attitudes, or behaviors by a health worker would you consider disrespectful or abusive?
2. Do you think it's important for a health worker to behave respectfully towards you? Why? (PROBE: What do you think you are entitled to?)

**D. Witnessed or heard about disrespect and abuse**

1. While at a health facility in this district, did you ever see a health worker behave towards another woman during delivery in a way that you thought was disrespectful or abusive?

*IF ANY PARTICIPANTS SAY YES, PROBE:*

- a. What did you see happen?
- b. How did it make you feel when you saw that?
- c. What, if any, were the consequences for her or her baby's health?
- d. What, if anything, did you do in response? Why or why not?

2. Have you ever heard about a woman who has experienced disrespect or abuse during delivery at a health facility in this district?

*IF ANY PARTICIPANTS SAY YES, PROBE:*

- a. What did you hear happened?
- b. How did it make you feel when you heard about it?
- c. What, if any, were the consequences for her or her baby's health?
- d. What, if anything, did she or her family do in response?

**E. Causes of disrespect and abuse**

1. When health workers don't behave well towards patients, why do you think they do that?

**F. Rights and Accountability**

1. What efforts has your community been involved in to improve health services in your area?

**G. Recommendations**

1. What do you think could be done to improve the way that health workers care for patients?  
(PROBE: at national levels? in the health facility? in the community?)
2. What could be done to reduce cases of disrespect and abuse?